



Friendship Heights



VILLAGE NEWS

NOVEMBER 2006

301-656-2797

VOLUME 20, NO. 18



E.J. Dionne
see page 4

Be Dazzled by Rodgers and Hammerstein's 'Cinderella'

Among the classics of musical theater, one of the most cherished productions is one that was originally created for television. Richard Rodgers and Oscar Hammerstein wrote the musical version of the classic fairy tale, "Cinderella," for television in 1957. It starred a young Julie Andrews (who took a break from "My Fair Lady" to appear in the one-time broadcast) and was shown last year for the first time in nearly half a century on PBS. Join us to enjoy this enchanting holiday musical at Olney's brand new Mainstage Theater on **Sunday, Dec. 3.**

Come to the Center at 12:30 p.m. for a cup of hot cider and a holiday cookie. At 1 p.m. we'll board the bus and head to Olney for the matinee performance. The cost of the trip is \$40, which includes discounted seats in the first three rows of the balcony (there is an elevator), transportation, and driver gratuity. Children five and older are welcome if accompanied by an adult. Residents and one guest may sign up immediately; nonresidents may sign up Nov. 15. There are 24 tickets available.

An 'Affair' to Remember

Looking for memorable gifts? Stop by the Friendship Heights Village Center for our annual "Holiday Affair" on **Saturday, Nov. 4, from 10:30 a.m. to 5 p.m.** This seasonal event will feature the hand-crafted works of local artists and artisans. Here's your chance to purchase

gifts from some of the area's most talented artists.

You'll find something for everyone—gifts for children, teens, men, even your mother-in-law! Why not buy a gift for that special person in your life—yourself?

This year we're bringing back some of our favorite artists from previous years as well as introducing exciting new artists. Check out the scarves and small paintings by Millie Shott; cards,

Continued on page 7



A hero's story

Roberto Clemente, baseball's first great Latino player, spent 18 seasons with the Pittsburgh Pirates, winning four batting titles, 12 Gold Gloves, and two World Series championships. He overcame poverty and racism to become one of baseball's most graceful players. He valued his heritage and worked for tolerance for all Latinos. He died on New Year's Eve 1972 in a plane crash while en route to deliver relief supplies to Nicaraguan earthquake victims. Pulitzer Prize winner David Maraniss will discuss his book about the best right fielder of all time and a humanitarian admired by the entire

Continued on page 2



CHILDREN'S PROGRAMS

Act like a kid again with Service Learning

Join us on **Monday, Dec. 18**, when we visit with the kindergarten classes at Somerset Elementary to kick off this year's Service Learning (formerly known as SKIP) projects. Get ready to get your hands messy and have the time of your life when we create custom gingerbread houses with our little friends. The event begins at the Center at 9:30 a.m.; we should be done by 10:30 a.m. Through Service Learning, a program that teams kindergarten children with local senior citizens, both children and senior citizens have the opportunity to learn from and enjoy one another's company.

If you are interested in attending the December event, please call the Village Center at 301-656-2797 to sign up.

Service Learning projects continue through the end of the school year. Watch the *Village News* for details on future events.

Anyone interested in being a volunteer is asked to call the Village Center at 301-656-2797. Volunteers may attend any or all of the sessions.

A Hero's Story (Continued from page 1)

world, *Clemente: The Passion and Grace of Baseball's Last Hero*, at the Village Center on **Monday, Nov. 20, at 7:30 p.m.**

Mr. Maraniss, a reporter on the national desk for The Washington Post, is the author of several books, including *First In His Class*, considered to be the best biography written to date of President Clinton, and *When Pride Still Mattered: A Life of Vince Lombardi*. As a reporter for the Washington Post he was awarded the Pulitzer Prize for National Reporting for his stories about the life and career of candidate Bill Clinton in the 1992 campaign. *Sports Illustrated* has called *Clemente* "the best sports biography ever published."

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. One copy will be raffled at the end of the evening.



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the December issue is November 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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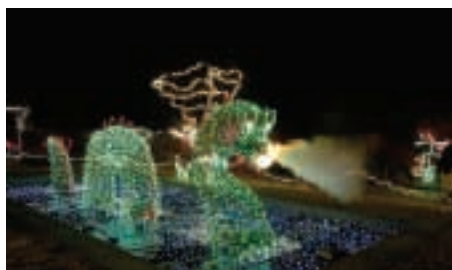
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Local—National—International



ON the GO...



Put a little twinkle in your life

Take a winter walk with us through the glittering "Garden of Lights" at Brookside Gardens. This illuminated outdoor winter garden walk is celebrating its 10th year and we'll be there to see all its splendor on **Monday, Dec. 18.**

During this spectacular light show, the landscape glows with more than 600,000 tiny colored twinklers. Popular displays include a whimsical monster, an enchanting persimmon tree and swimming geese over sparkling water. In addition to the light show, you can also visit the Conservatories or take in a complimentary musical performance in the Visitor's Center. Light refreshments, including soup, sandwiches and sweets, may be purchased.

We will leave the Village Center at 5:30 p.m. and should return by 9:30. The cost of the trip is \$15 and includes transportation, admission to the "Garden of Lights," and all gratuities. Children five and older are welcome if accompanied by an adult. Sign ups begin immediately at the Village Center. *Note: While outdoors, this trip requires walking along lighted paths.*



Strathmore 'Museum Shop Around'

Don't traipse from store to store this holiday season. Join us on **Thursday, Nov. 9** for a trip by Metro out to the Mansion at Strathmore to shop for unique gifts from more than 14 Washington museum shops – all under one roof!

We will ride the subway together to Strathmore but a car will be available to store purchases and they will be driven back to the Center. We will meet at the Center at 10 a.m. and take the shuttle bus to the Metro (round trip ticket is \$2.70; \$1.80 for seniors). Admission to the Shop Around is \$8; your ticket is good for all four days of the event. Lunch is available on the second floor of the mansion. We will leave around 2 p.m. but you are free to stay as long as you'd like. Please call 301-656-2797 to let us know you are coming. Don't miss this special holiday shopping event!

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November Series

Wednesday, November 8

VALUE STOCK & ALTERNATIVE INVESTMENTS

Thursday, November 9

CREATE RETIREMENT INCOME & SAFE WITHDRAWAL RATES

Monday, November 13

THE NEED FOR LONG TERM CARE & ESTATE PLANNING

December Series

Tuesday, December 5

Wednesday, December 6

Thursday, December 7

Friendship Heights Village Center From 12:30 – 2:00 p.m.

Light lunch: sandwiches, fruit, cookies, refreshments

RSVP: Carolyn Galli

301-309-2631

Judith Warner and Perfect Madness

Author Judith Warner will discuss how she came to write her best seller, *Perfect Madness: Motherhood in the Age of Anxiety* – and what she’s learned since about motherhood and family life in our stressful times —at the Village Center **Thursday, Nov. 9, at 7:30 p.m.**

After an excerpt from Ms. Warner’s book ran as a cover story in Newsweek entitled “The Myth of the Perfect Mother,” the reaction was explosive. Her appearance on the Today Show drew so much attention, she was invited to return the next morning. Ms. Warner will talk about what she’s learned



about men and women’s concerns since the book came out and in reading responses from New York Times readers to her “Domestic Disturbances” blog.

Ms. Warner is the host of “The Judith Warner Show” on xm satellite radio. She is also the author of *You Have the Power: How to Take Back Our Country and*

Restore Democracy to America (with Howard Dean) and the best-selling biography *Hillary Clinton: The Inside Story*.

Please sign up in advance by calling the Village Center at 301-656-2797. Paperback copies of *Perfect Madness*, provided by Politics and Prose Bookstore, will be available for purchase. Two copies will be raffled at the end of the evening.

E.J. Dionne to speak on election results

Senior Brookings Fellow and Washington Post columnist E.J. Dionne, Jr. will speak at the Village Center **Thursday, Nov. 30, at 7:30 p.m.**

His talk is entitled “The 2006 Election: What Happened? What’s Next?” and is co-sponsored by the Norman and Florence Brody Public Policy Forum of the University of Maryland and the Friendship Heights Village Council.

Mr. Dionne began his twice-weekly op-ed column for The Washington Post in 1993; he now appears in more than 90 newspapers in the United States and abroad.

Mr. Dionne spent 14 years with The New York Times and joined The Post in 1990 as a reporter covering national politics. His best-selling book, “Why Americans Hate Politics” was published in 1991 and has been called “a classic in American political history.” Mr. Dionne has been a frequent commentator on politics for National Public Radio, CNN and NBC’s “Meet the Press.” In 1997, he was named among the 25 most influential journalists by the National Journal. Please sign up for this forum by calling 301-656-2797.

The image is a large rectangular advertisement for 'GALAXIE CLEANERS'. At the top, the brand name 'GALAXIE' is in a large, bold, sans-serif font, with 'CLEANERS' in a smaller font below it. A stylized swoosh graphic is to the right of the text. Below this, the text reads 'IN THE NEW CHEVY CHASE SHOPPING CENTER AT FRIENDSHIP HEIGHTS'. The main headline is 'WERE OPEN AND BACK TO SERVE YOU' in large, bold, capital letters. Below that, it says 'WITH THE SAME EXCELLENT SERVICES WE PROVIDED BEFORE'. A bulleted list of services follows: '• CLOTHES PROFESSIONALLY DRY CLEANED AND FINISHED', '• SHIRTS FRESHLY LAUNDERED AND PRESSED', '• SHOE REPAIR WHILE YOU WAIT', and '• ALTERATIONS DONE ON THE PREMISE BY "MARLENE" OUR SEAMSTRESS'. Below the list is a 'GRAND OPENING SPECIAL' section stating '3 SHIRTS LAUNDERED FREE WITH THIS AD'. At the bottom, it says 'DRIVE UP AND LET US BE CONVENIENT FOR YOU', '9 WISCONSIN CIRCLE', and '(301) 654-9613'.

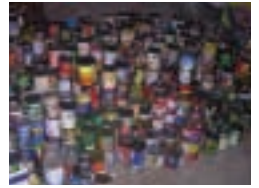
'Tis the season to share: food and toy collection

About 360,000 Maryland residents sought emergency food assistance last year according to a study released by America's Second Harvest, the nation's primary food bank network. The number of people served in Maryland has risen 11 percent in the last five years.

Manna Food Center feeds 2,000 hungry Montgomery County residents each month. You can help by bringing donations of food to the Village Center **until Dec. 15**; they will be delivered to Manna before the holidays. The

foods most needed include cereal, rice, canned meats and tuna, beans, canned fruit and vegetables, pasta and spaghetti sauce, baby formula and baby food, peanut butter, and shelf-stable milk.

New toys will also be collected and delivered to children in the area.



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Mehmet is a resident in the center of Friendship Heights, his care and concern for the real estate value of your neighborhood and his, makes his neighborhood knowledge a tremendous asset to those at Friendship Heights.

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PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

PLEASE!

As a courtesy to our speakers, authors and musicians...

- Turn off cell phones and pagers
- Do not arrive after starting time and try to stay until the conclusion
- Do not take any reading materials into the auditorium

Thursday, Nov. 2, 7:00 p.m. — **A Prairie Home Companion**

— Acclaimed filmmaker Robert Altman brings National Public Radio stalwart Garrison Keillor's long-running radio program to vivid life on the big screen in an intricately woven backstage fable centering on the final performance of a fictionalized version of his variety show. Week after week, Keillor serves as emcee for a hodgepodge of radio-friendly acts performing onstage at the historic Fitzgerald Theater in St. Paul, Minn. This is one show where the under-the-line antics are almost as entertaining as the program itself. Stars Meryl Streep, Lily Tomlin, Woody Harrelson, John C. Reilly, Kevin Kline, Virginia Madsen, and Lindsay Lohan. Rated PG-13. Running Time: 105 minutes.

Thursday, Nov. 9, 7:30 p.m. — **Booksigning with Judith Warner**

see page 4 for details.

Thursday, Nov. 16, 7:00 p.m. — **Café Muse**

see page 14 for details.

Thursday, Nov. 23 — **Happy Thanksgiving. Center closed.**

Thursday, Nov. 30, 7:30 p.m. — **E.J. Dionne lecture**

see page 4 for details.

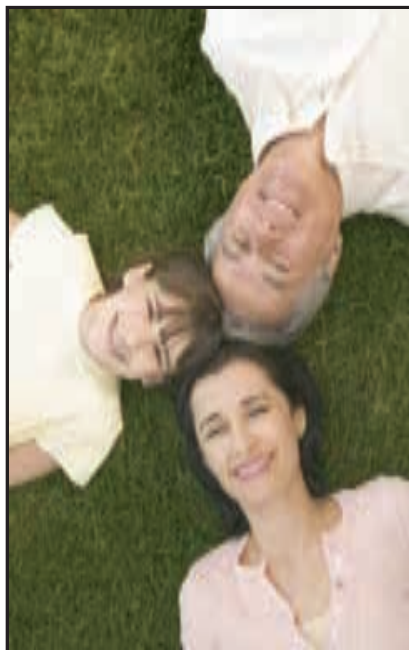
VILLAGE CLASSIFIEDS

For Sale

Bookcase, well styled for any period setting, glass-reinforced door with a key, small outside shelf with two small and two large drawers, \$800. Also antique-looking wall clock, gold colored with hand-wind face, \$150. Come see. No obligation. By appointment 301-598-4506

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FRIENDSHIP GALLERY

Artists in the 'hood

"Friendship Friends and Family" is the name of November's exhibit in Friendship Gallery. Works of art by residents in and around the Village and by staff members of the Center will make up this month's art show.

The show runs from November 2 to 29. All are invited to meet the artists at a reception on **Sunday, Nov. 5, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.



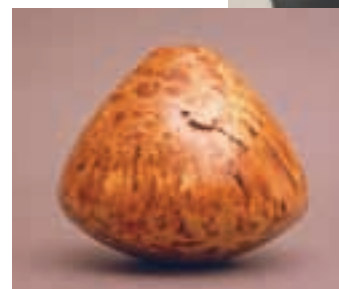
Painting by
Claire
Carmichael

An "Affair" to Remember (Continued from page 1)

ornaments and decorative items by Diane Silhanek; semi-precious stone jewelry from Kim Carmel; baskets and fiber arts by Ingrid Ernest; watercolors, paintings and notecards from Barbara Sweeney; natural pearl, gemstone and sterling silver jewelry from Monica Ettinger; children's clothing from Alice Joseph; pottery from Ingrid Barnes, woodturning by Jorge Salinas, abstract painting by Shara

Banisadr, and pottery by Maria Koelling. We'll also have gift baskets with pickles and preserves, Discovery Toys and Usborne Books for sale.

Admission is free. Everyone who visits the show will be eligible for a drawing for a fantastic gift basket with goodies from select artists. For more information, call the Village Center at 301-656-2797.




Friendship Heights
Village Center



Calendar
of Events 2006

N O V E M B E R						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>No MVA Bus in December!</div> <div>If you need your license renewed or to return tags or any of the other services the Mobile MVA provides before the end of the year, make sure to come Monday, Nov. 27 between 10 a.m. and 2 p.m. The bus will not be here in December.</div>			<div>1</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Healthy Aging 7:30 p.m.: Concert: The American Trio</div>	<div>2</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 12 p.m.: Low Vision Lunch and Learn 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 7 p.m.: Movie: A Prairie Home Companion</div>	<div>3</div> <div>10 a.m. – 2 p.m.: Flu Shots 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>4</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m. to 5 p.m.: “A Holiday Affair” Craft Fair</div>
<div>5</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</div>	<div>6</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting</div>	<div>7</div> <div>Election Day Polls open 7 a.m. - 8 p.m. 8:15 a.m.: Walking Club</div>	<div>8</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1 p.m.: Suburban Lecture: Cardio-Vascular Health 1 p.m.: Health Insurance Counseling 6:30 p.m.: Spanish 1 7:30 p.m.: Concert: Greg Harrison Jazz Band</div>	<div>9</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Depart for Shop Around 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 7:30 p.m.: Judith Warner</div>	<div>10</div> <div>Veterans Day Center Open 9 a.m. to 2 p.m. 10:30 a.m.: Coffee and Current Events</div>	<div>11</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</div>
<div>12</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>13</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6 p.m.: Depart for the Kennedy Center 7:30 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING</div>	<div>14</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</div>	<div>15</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Healthy Aging 6:30 p.m.: Spanish 1 7:30 p.m.: Concert: Barrie Goodman</div>	<div>16</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 7 p.m.: Café Muse</div>	<div>17</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group Center Open</div>	<div>18</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</div>
<div>19</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>20</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Book Signing with David Maraniss: Clemente</div>	<div>21</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</div>	<div>22</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Jim Vandelly</div>	<div>23</div> <div>Happy Thanksgiving! Center Closed </div>	<div>24</div> <div>9 a.m. to 2 p.m. 10:30 a.m.: Coffee and Current Events</div>	<div>25</div> <div>8:15 a.m.: Walking Club</div>
<div>26</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>27</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting</div>	<div>28</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</div>	<div>29</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture Painting 6:30 p.m.: Spanish 1 7:30 p.m.: Concert: Vocal Express</div>	<div>30</div> <div>8:15 a.m.: Walking Club 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7:30 p.m.: E.J. Dionne</div>	<div>Village Council meetings are held the second Monday of each month at the Village Center. The next meeting will be Tuesday, Nov. 13, at 8 p.m. The agenda for the meeting is sent to the manager of each building in the Village the week before the meeting with the request that it be posted.</div>	

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

SPECIAL LUNCH AND CONCERT

Join us for a very special holiday luncheon and concert on **Friday, Dec. 1, at 12:15 p.m.** The menu will be roast turkey with dressing and gravy, sweet potatoes, green beans, salad, and pumpkin pie for dessert. Lunch will be prepared by Jelena Koprivica and her staff at Brighton Gardens. The cost is \$10, which must be paid when you make your reservation. Please reserve your seat by Wednesday, Nov. 29, at noon. There are 30 spaces available.
Following lunch, please stay for a festive handbell concert. The Four English Handbell Ringers from St. Matthew’s United Methodist Church in Annandale, Va. will play holiday music at **1 p.m.** The highlight of the program will be audience participation. Each member of the audience will get a chime or a bell and instructions on when to play the instrument. Much frivolity and holiday spirit will be experienced by all participants!



CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

Please register for classes at least two days before the first session.
Classes without the minimum number of students required will be canceled.

NEW CLASSES

CONTINUING SPANISH ONE

This 8-week course begins Nov. 8. For students who took Spanish One in the spring or anyone who would like a review of Spanish One. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College, and the USDA Graduate School. The class meets Wednesdays, from 6:30 to 8:30 p.m. The cost is \$180 for residents, \$200 for nonresidents and \$150 for anyone 65 or older. Session ends Jan. 10 (no class Nov. 22 or Dec. 27).

CONTINUING SPANISH TWO

This 8-week course begins Nov. 14. For students who took Spanish Two in the spring or anyone who would like a review of Spanish Two. The class meets Tuesdays, from 9:30 to 11:30 a.m. The cost is \$180 for residents, \$200 for nonresidents and \$150 for anyone 65 or older. Session ends Jan. 9 (no class Dec. 26).

MAT PILATES

A 6-week session begins Nov. 14. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. This particular class is not recommended for pregnant women or those with serious spinal conditions without a physician's approval. Instructor Ginger Russell has been certified

by the *PhysicalMind Institute*. Please bring a Pilates/Yoga mat and bath towel. Session ends Dec. 19. Maximum number of students is 15.

TAI CHI (TUESDAY)

This 6-week session begins Nov. 21. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Jan. 2. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class. (no class on Nov. 28).

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

BRIDGE GROUP

An informal drop-in bridge group meets each Monday and Friday from 1 to 4 p.m. Most players are intermediate or advanced.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led

by group members.

CONCERTS

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

FHUN

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbecues, and special evenings at local restaurants. For more information, check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance



Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

MOVIES

All are invited to enjoy a movie and popcorn most Thursdays at 7 p.m. at the Village Center. There is no cost. Movie titles listed on the "Big Screen" page.

SCRABBLE

This active group of Scrabble players meets at the Center every Thursday, beginning at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

VILLAGE PLAY TIME

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen

Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

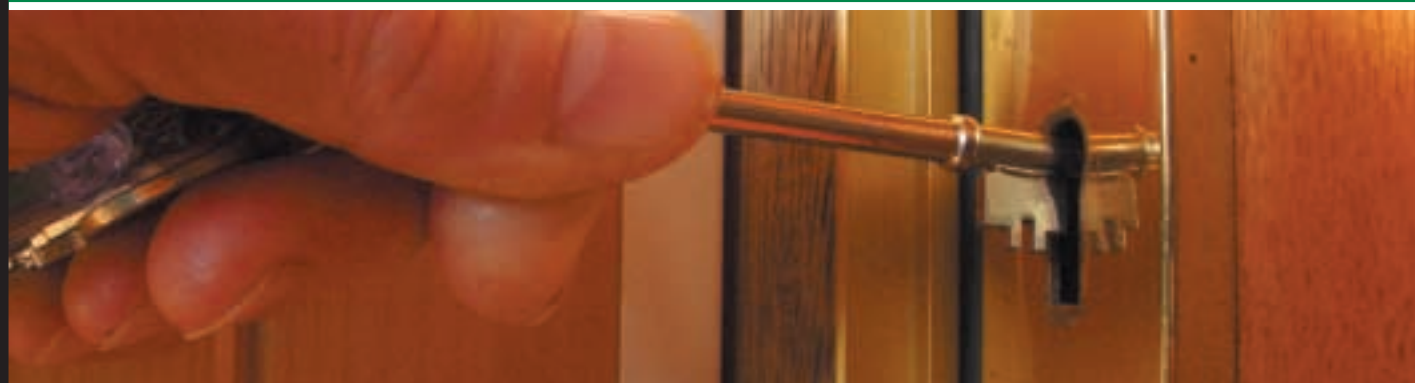
YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.



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CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering. Kindly refrain from bringing any reading materials into the concert hall.

Wednesday, Nov. 1 — The American Trio — This trio, including guitar, violin and bass, highlights 50 years of popular music from the '30s to the '80s. Its members include Hilda Seibel, Hank Bryant and William Tabron.

Wednesday, Nov. 8 — Greg Harrison Jazz Band — This combo features Greg Harrison on clarinet, keyboard, and percussion. The group's style ranges from New Orleans jazz to the Big Band sound.

Wednesday, Nov. 15 — Barrie Goodman — Jazz instrumentalist and entertainer, Barrie Goodman and cabaret singer, actress, and entertainer Patsy Grady Abrams team up to offer a mix of songs and nostalgia from years gone by. Drawing from the great American songwriters and jazz composers, the trio entertains with many of the great standards from the '20s to the '50s. The program also includes tunes from "Tin Pan Alley,"

popular songs from World War I and II, Broadway show tunes, some jazz, ragtime and the blues.

Wednesday, Nov. 22 — Jim Vandelly — Enjoy the beautiful sounds of the bayan, as Jim Vandelly presents a performance featuring this Russian version of the accordion.

Wednesday, Nov. 29 — Vocal Express — Kick off the holiday season with a special performance by Vocal Express. This song-and-dance group will delight you with music that's sure to get you in the holiday mood. Vocal Express was founded in 1955 with 12 singers. Created to perform American popular tunes in year-round shows, the group performs show tunes, popular songs, country, calypso, jazz and rock 'n' roll. Vocal Express has appeared at the National Theatre's "Monday at The National" and at private engagements throughout the Washington area.

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TO YOUR HEALTH

Low vision lunch and learn

The second in a series of three programs on improving the quality of life with low vision will be held

Thursday Nov. 2, at 12

p.m. at the Village Center.

The discussion will be entitled "The Tools for Getting Up and Moving On."

Bring a bag lunch and join Lind Stevens, OTR/L, low vision occupational therapist at the Vision Rehabilitation Service at the National Retina Institute. Dessert and beverages will be provided. The third program will be held Dec. 7.

This program is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

Cardio-Vascular health in the new millennium

Learn about the latest in heart disease diagnosis and treatment from Dr. Philip Corcoran, cardiothoracic surgeon, at this month's Suburban Health Talk on **Wednesday, Nov. 8, at 1 p.m.** He will review risk factors for heart disease and discuss ways they can be modified, often by diet, drugs and exercise. He will also discuss new treatments now available, including surgical options. There is some exciting new research in process for the new millennium, including genetic therapy and xeno grafts. Join us and learn more.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.



Better health, less stress

Dr. Kevin Rindal of Friendship Heights Chiropractic will conclude his series of lectures entitled "Healthy Aging" this month. "Promoting Wellness through Exercise and Nutrition" is the title of his talk on **Wednesday, Nov. 1.** The final lecture is entitled "Protecting Your Back: A Discussion of Proper Posture During Daily Activities" and will be held on **Wednesday, Nov. 15.** Both lectures begin at 1:30 p.m. and last for one hour.

There is no cost, but registration is required. Sign up by calling 301-656-2797.

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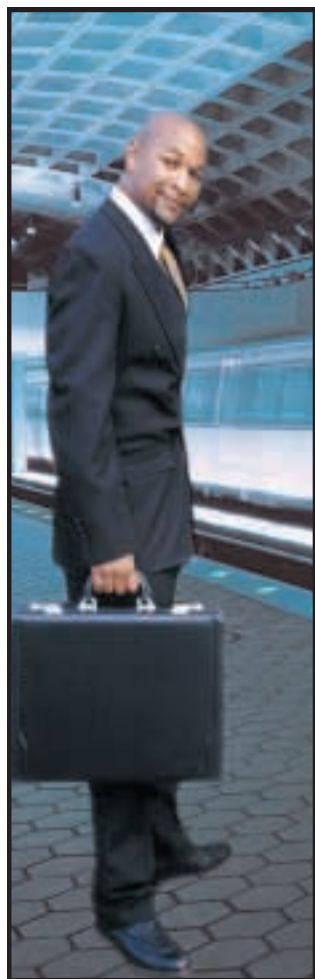
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Cafe Muse presents...

On **Thursday, Nov. 16, at 7 p.m.**, Café Muse presents poets Brandon Johnson and Diane Lockward. **The first 15 Friendship Heights Village residents will receive a gift book of poetry.**

Brandon Johnson's most recent collection of poems is *Love's Skin*. His other books include *The Strangers Between* and *Man Burns Ant*, and he co-authored, *The Black Rooster Social Inn: This is the Place*. He has been a Larry Neal Writer's Competition; a graduate Cave Canem Fellow; and a 1999 DC Commission on the Arts Fellowship Grant recipient. His poems have appeared in *The Drumming Between Us*, *Fodderwing*, *Callaloo*, *Gargoyle*, and *redbrick review* and in the anthologies *Winners*, *Drumvoices 2000*, *Cabin Fever*, and *Gathering Ground*.

Diane Lockward's collection, *Eve's Red Dress*, was published in 2003. A second collection, *What Feeds Us*, will be published this year. Recent work appears in *Poet Lore*, *North American Review*, and *Prairie Schooner*, as well as in the Poetry Daily anthology and Garrison Keillor's *Good Poems for Hard Times*.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Poets are invited to participate in an open reading to conclude the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

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Holiday Open House

You are cordially invited to join us at
Brighton Gardens of Friendship Heights

Holiday Open House on December 18th from 2-4

You are invited to our open house for an afternoon of holiday spirit and joy. Enjoy the festivities, mingle with residents, and meet our wonderful Team. Live entertainment will be provided, and eggnog, cider and cookies will be served.

The “Cantanti” group will perform live music
including holiday favorites and Broadway & Opera classics.



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Village Council Corner

How to Ruin a Pickpocket's Day

The Village has been hosting meetings of the Wisconsin Avenue retailers, coordinated by the County Police, to share information on crime prevention. The following tips on protecting yourself from pickpockets were given at a recent meeting by Det. Cedric Mitchell of the Metro Transit Police, Criminal Investigation Division:

- Use a purse with a secure clasp. Keep the purse close to your body and your hand on the clasp.
- Carry your wallet inside your coat or side trouser pocket—never in your rear trouser pocket. TIP: Place a rubber band around your wallet to feel resistance when it is removed from your pocket.
- Beware of loud arguments or commotions that may

Council action at the October 10 public session:

- Approved contribution of \$35,000 to Montgomery Municipal Cable from cable television grant to be received from Montgomery County.

- be staged to distract you while your pocket is picked.
- If your pocket is picked, yell out immediately to warn others. Don't be afraid to shout. Tell the train or bus operator (if applicable), and request the police.
- Avoid standing near Metro doors to lessen your chance of being bumped by others. If you're jostled in a crowd, a pickpocket may be responsible.



Wisconsin Place Construction Update

Excavation at the corner of Friendship Boulevard and Willard Avenue marks phase two of Wisconsin Place construction. The demolition of the old Hecht's store is expected to take place in late November, along with the closing of the Metro access on the west side of Wisconsin Avenue. (Source: Turner Construction)



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
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Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

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November 2006 events calendar